# HOW TO OVERCOME SELF TO BE READY BEFORE THE END OF PROBATION

#### What is a Selfish heart?

- Selfish heart is a heart which you and I are born with that naturally no human on earth can change it.

# Biblically is called

- Carnal heart (Romans 8:7)
- Old man (Colossians 3:7 & Romans 6:6)

WHY CARNAL HEART – because it is yield to the demand of the flesh.

WHY OLD MAN – because you live in a life satisfying the flesh and not pleasing God. But praise God we can be Spiritually minded instead of Carnally minded, and also we can be a new man instead of Old man (Colossians 3: 10)

NOW HOW DO YOU DO THE TRANSITIONING FROM BEING CARNALLY MINDED TO SPIRITUALLY MINDED WHICH IS THE NEW BORN LIFE?

Many believers believe once they get baptise they are new born nothing more to do anymore, NO, that is beginning of the NEW BORN life and now need to start living that life. Many after their baptism they expect a complete change in their life but see no change and still live a sinful life, you may ask yourself why is that so.

Because of the unconverted heart.

# YOU MAY ASK SO HOW DO I GET A CONVERTED HEART?

Praise God after this studies we will find out how to have a converted heart and how to have victory in your daily life with Christ.

Is a process that needs perseverance and determination to go through it.

Take heart to go through these studies please, you may not like it because of the unconverted heart. But aren't you tired as a Christian you desire a victorious life and to be like Christ as you have been trying by your own power to fulfil them and still same person after many years of being a Christian?

Patiently bear with me as we go through this process to be Christ like in your everyday life, pinning down the Old man to have no strength to reign but Christ to reign in you.

## LET START

- 1- Every morning ask the LORD, FATHER I give you my WILL that you come into my heart to reign in me and direct my path throughout the day that you reign and not the Old man (which is the selfish heart).
- Do this for a month to start but it must be everyday if you want to see God working and I guarantee you, you will look back and see how Christ has change this and that out of you.
- You will not see hands reaching you, or feel anything inside you, or anything visible in your life but the change will come after that month, doesn't mean after a month you are complete nothing will tempt you anymore, you are free forever oh no, this is all beginning of it. I gave a month as figure for you to see the working of Christ and encourage you to carry on.
- From my personal experience from 3 months I myself notice a difference I don't have such and such anymore but after a year my husband told me I see a big change in you, what happened and what did you do to gain that. I thought of it and realise oh yeah is true but I didn't want to focus on it as am aware it can be a stumble block to me to take the credit that I did it whereby is not I doing it but Christ in me fulfilling that.
- I must share this which is very interesting to me, when I was told such and such is change in me i was happy that truly we can be change in this sinful body even before glorification (those who are not familiar with this term is when Christ will come and we will all be change into a new body, and receive a crown of life in heaven). Guess what, God start to reveal to me also other weakness that I need to conquer, but these 3 months to a year that is when I focus and determine that Christ can change me and that helped me to have such a deep relationship with God which is so amazing to my human understanding.
- I gave a month because from the first week to a month is very painful bit, but if you desire to be true Christian and be free from sin it will happen. In This period if you are honest and sincere and don't give up, you will gain the victory, please I must warn you of something so when you see happening you know before hand, what is it, since the process is very slow from beginning the enemy will tempt you to say nothing is happening, that is the moment you need to hang on to Christ because the victory is just there to gain it.
- The starting point is very important, don't look for the outcome of when am I going to change from this my addiction, don't worry about it do your work by inviting Christ into your heart and listen to what He tells you to do and He will do His work by doing the change. Focus for a relationship and not the outcome when the change will come.

#### WHY IS THIS FIRST STEP VERY VITAL

Because that is a starting point of us coming out of our selfish mode to FULL SURRENDER TO GOD that now He can take control of our lives.

#### WHY I SAY PAINFUL BIT

Because that is the moment we are separating from something we love most which is YOURSELF and giving your rights (WILL) to God to do things His way and not your way. But once by the help of God and your effort (which is your WILL) yield to Him for a month, the carnal heart start to weaken a little bit to help you carry on yield to God.

Be aware that first person to see your change is the person you lived with and the people around you not yourself, why because the more you draw closer to God the more you see your imperfection that you need Him most.

DONT FALL INTO THE DECEPTION that is around Am perfect, if you see yourself perfect from the start of this process then that is a red flag you are not doing something right which is focusing on self instead of Christ, if you focus on self it will convince you, you are perfect which none of us can claim that title for yourself be aware of that.

2 – Once God get your permission and attention and most importantly your WILL, now the real battle start which you will battle with yourself daily (As Paul said I die daily)

Why is not right way to start this process by asking God to change you this or that sins? Because by doing that you are dealing with the fruits which is Anger, envy, jealousy, impatient, irritation etc... All that is good to ask God to change them which I did when I didn't know of this truth and I know that is what many Christians do they deal with the fruits and not the ROOT. Is like you want to get rid of a tree and you start cutting the fruits and branches and not the Root guess what, it will grow again after a while, that is what all of us are doing, Christ don't want to change the SINS which is the fruits but want to change the SIN which is the Root all it takes you to do is to invite Him in not invite Him in just to say it in prayer and come out of prayer and do things your way but means you say it and truly mean it and believe He is in your heart and during the day whilst you work make your little prayers; FATHER make me aware if there is any temptation coming and give me the power and strength to be overcome. FATHER what will you have me to do, how would you like me to deal with this situation. Is not easy to do but I want to encourage you is possible even doing 12hrs shift with children, I started all this process by working this long hours but every moment I speak to God, if problem arises in work place ask FATHER help what should i do or say. Break time after i finish eating i pray and read Spiritual book to keep my mind on Christ and was fasting a lot to have a clear mind

to hear Gods voice when He speaks to me. Please don't think this is hard to do is not be encourage you will make it by God's grace.

## PLEASE DONT SKIP THIS TWO STEPS

The first steps must be done every day if you persevere, yours can be done after a week or two or three as everyone is different but whichever the case is there are three ways the LORD will prompt you to know of your change

- 1- You will start to realise i don't do this or that anymore; if the LORD make you know that praise Him and carry on making that prayer every morning, along this process you will need it every morning because that is you dying to self that you don't want the carnal heart to reign but Christ to enter in and work with you to be overcomer for that day. You will need this first step til we receive the LATTER RAIN TO GIVE THE LAUD CRY by then we are been Sealed and INTERCESSION OF CHRIST HAS CEARED, YOU WONT NEED IT ANYMORE.
- 2- God will let someone tell you, think of it if is so by going back from the start how you were and now.
- 3- if none of this two occur, God will send someone to tell you, you are change, the focus here is not about knowing oh now am changed but is important for you to know that God is working as a testimony to you that is possible to be free from all Sin (the Root) and all sins (the fruits) to live a righteous life to please God. That is why is important for you to know the change and be encouraged to carry on.

Once one of this occurred, you are connected with heaven and now be ready to face the enemy, he will come upon you with rage but don't fear he can't do nothing except he is allowed to.

Let me share this to alert you and encourage you

When God prompt me of my change by my husband, I carry on praying the first step every morning and God allowed a lot of trials and temptation base on my weakness, some I fail because I was still learning how everything works and some overcome but I always have this mind to press toward the gaol, what was more important to me is how to live with Christ every day and know Him more not the outcome of being good because I know He is doing it not I. That was my trials and temptation but beside this the devil himself attack me one night as i was sleeping I felt some strong power want to take me away but try couple of times and couldn't, I was wrapped by this power as I was trying to reach my bible beside my bed but couldn't until somehow I was release a little bit and took my bible and crush on whatever that power is then the battle stopped after I saw the devil on my right and Angel on my left and I understood the devil wanted to take me away but the Angel prevented him not to do so. So you will be under the wings of God to protect you by His Angels.

- 3- Is every day battle; we will learn how to overcome everyday battle in many cases of situations and what to do to overcome them.
- Here you are that someone crosses you with irritation and the feelings start to come down from your heart for you to think to be irritated, what do you do?
- First thing to do is as soon as you start to feel in your lower body, don't hesitate to cry LORD I don't want to be irritated, take away the desire and please come into my heart to reign
- If you feel immediate peace, that is the LORD who has granted you peace according to your faith.
- Please know the different between feelings and faith they are not the same, normally when we pray we want to feel faith to believe, that is when our prayer will be answered, No, faith you don't feel you just need to believe God heard you and will answer you in due time, now when you receive the answer is no more faith but feelings which will make you rejoice to thank God.

This is the rule to use to overcome every temptation you will be allowed during the day.

Please know that as a beginner of this process you will fall by repeating the same wrong doing, let not that discourage you just keep pressing on and you will get the victory.

Because God want to build your character before end of probation, He will allowed many Test to come your way to practise, especially you will targeted on where you are more weak to train you on that, how to have victory over every weakness you have as hereditary (inherited by parents) and cultivated tendencies (by the society, school etc..).

What happened when you pray when the temptation comes and nothing happened as having peace or the temptation which is the irritation don't go away and the person keep doing things that will irritate you more, what do you do?

Follow these 7 steps to gain the victory

- 1 Keep your commune with heaven constantly, til you don't see the result of the irritation leaving you, don't stop.
- 2 Sing a hymnal song (be aware any other songs with beats and high instrumental songs will strengthen the flesh to make you fall right there )You can listen to music that point out to Calvary or other spiritual songs
- 3 Think of Calvary how Christ tolerated irritation, anger from the soldiers and Pharisee and never yield to any of them to sin but focus to sacrifice for us, ask Him to give you that moment power to sacrifice for the one who is irritating you.

- 4 Listen to sermons that speak of that particularly trials, like how to overcome temptation and how to go through them, or read spiritual books.
- 5 Speak to someone who is spiritual to encourage you or ask the LORD to send someone to encourage you in Spiritual things.
- 6 Encourage yourself through the Word of God.
- 7 Go for a walk, look at nature how God wonderfully created them.

All these 7 steps are to help you keep you from focusing on the temptation follow them along with every moment prayer. The LORD led me to discover these steps during my toughest experience and trials.

Have you ever experience a strong temptations and trials that you pray and pray and pray and nothing, and the enemy will tempt you to say where is your God He has left you, you see your sins is so great that He can't even listen to you, there is a good news for you God hasn't left you but Test you how genuine and sincere you are, and if you will be faithful til the end as job did receive your reward of victory. We all love God when we pray and receive an answer immediate, but the problem comes when we ask and ask and nothing happened, will you hold on to God or you will give up because the answer is not coming, or we will faithfully and patiently wait upon the LORD to renew our strength to give us victory over it.

## NOW WE WILL FOCUS ON SITUATIONS WE COME ACROSS IN OUR DAILY LIFE

## Case 1

Here I am one evening let's put S told me the phone data is running out, wow within 10 days is been used a lot, S said I didn't use it. I heard that and thought so that means I used it, I will not touch it anymore I will leave for him to use the rest of it, this way I thought and slept. That was the carnal heart speaking but I was not aware of it, Until in the morning the LORD spoke to me and said; okay, so if S spoke to you like you have used the data, in upset way and you thinking not to use the data, Are you not upset in the same manner you thought of S being upset? I thought of it in a second oh that is true.

What is the message here; even though I didn't feel anger or upset coming from my heart to think of, I show the same spirit as if I were angry or upset. Be aware that you will experience a lot of situations like this as you grow from day to day, but if you don't be aware of it don't worry God will tell you.

#### **HOW DOES GOD SPEAK TO US?**

- 1- It can be as a thought in your mind (please be aware not every thought that come to your mind means is from God, you need to learn that along the process to differentiate your thinking and Gods voice and the devils voice, ask for it in prayer how to hear His voice).
- 2 It can be an impression upon your heart or thought.
- 3 It can come as an audio voice which you will hear it very clear that is God speaking to you.
- 4 God can speak through someone but again you need to ask Him for spiritual discernment to recognise His voice, but the more you grow to understand Him and deepen your relationship with Him when someone speaks you recognise it immediate is the LORD speaking to you through that person.
- 5 More familiar one we know through dreams or visions.

Notice to come to this point to experience, it takes some years, from my experience is been 4 years I have come to this point of understanding, that, not all the time the enemy come to tempt us through the flesh but can be straight to your mind to think of not being aware. But i will assure you if you accept to go through this process with Christ, He will always show you when the enemy come to tempt you indirect to sin in your mind, He will remind you immediate, pray for forgiveness and cleansing (1 John 1:9) and believe you are forgiving and cleanse and carry on with Christ in the process.

Is very important anyone who read this pamphlet observe how the enemy attacks you;

- 1 In what way
- 2 in what form
- 3 from what direction

If you are able to know this you have identify one secret of the devils strategies.

# Case 2

On one evening I was cooking pasta for animals and I put oil, S saw and said why this waste? I said because they come to gather if i don't put and S replied what will you do when you can't buy and I said and what will we do if there is no oil for us to use, S replied you should differentiate them from us, i kept quiet, S went up to work and the thought wanted to come like if this is the case I shouldn't cook anymore, but I didn't want to consent to it and other irritations, I knew the devil is at work and want to bring all that in me. I went to toilet and I prayed LORD take away all this thoughts, as I was about to finish S came and said are you ok? I reply I disagree with what you said and explain to S I didn't put a lot but I spoke with calm peace and tenderness, victory won Praise God.

# WHEN TEMPTATION BECOMES SIN?

When you cherish it in your mind, the devil can bring all sorts of things to think of but if he brings it and you don't cherish it to think of you have not sin. So many of us who think I only sin when I punch someone or insult the person that is when you sin, No, before God you commit the sin when you cherish the thoughts the enemy will bring in your imagination to think of, other things you will show off outside for people to see is the outcome of what has been growing inside.

For you to be tempted and not sin you need to shone it from it very beginning by inviting God immediate to come into your heart to take away the desire of it away

and fix your eyes constantly on Christ by following the 7 steps I have mentioned before.

#### Case 3

It was Tuesday the 21 of September 2021 I wake up in the morning and thoughts was continually coming to my mind about sister Y and D especially sister D, the enemy whispering in my ear and mind oh look if they come what are you going to say, oh maybe before they come you go to neighbour who is called L, oh you know she say you got salty food, so you let S cook and on and on.

He was bring all the painful things D has done to me and I said LORD I have forgiving and I don't want to think of it, please take it away from me. All this was once I came out of bed I was having this battle, so knowing this is my trials and temptation for the day I put sermon on called "IS ABOUT PEOPLE" to strengthen and encourage me not to accept those whispering. Any moment I free my mind it comes again, it didn't leave me alone, S notice am quiet and ask me what is it and I told what was going on and told me lets pray. In the prayer it was like a very strong tense on me, when S was saying please touch their heart so they come with your Spirit, but down deep in my heart it wants to come, No, but something bad to happen to them, that was the Old man which is the carnal heart wanted to get strength to overcome my thoughts to think that way but I didn't want to do so. The Spirit wants to take control not to think of and the flesh want that control to accept to think and sin and this create a very tense thinking and feeling at the same time. This is practical example when bible say For the flesh lusted against the Spirit and the Spirit against the flesh and these two are contrary one to another (Galatians 5:17), is either you satisfy the flesh which is the devil or the Spirit which is Christ. The whole great controversy is based on this war between good and evil and this is daily battle we need to collaborate with Christ to live in us to fight against the flesh.

Christ won in this battle because I didn't fulfil the lust of the flesh, with all the effort the devil put. Later he was furious at me and hit me very strong but Christ never left, I lay down to relax my brain and I prayed LORD I do believe you are here with me

even though I don't sense you very strong, please if possible let not the enemy take control and i know whoever you are with never fail please help me, I have no strength to do this except with your strength, I want to present your character to sister Y and D when they come, give me joy and peace to reflect to them.

If this is possible let it goes over me, but if it is thy will I know you will go through with me. I know this is for my good to learn, I came out of prayer and the LORD said to me, go out where S is in the fresh air with B, I reply immediate I will go with the kittens Ally and Lucy and I was free after the prayer but guess what, when I came back from walk it welcome me back, I put sermon on "LOVE WITHOUT AN IF" later put song on, and went upstairs to see S whilst working and ask me again what happened, If the enemy is trying to put fear or worry on you don't listen to him, I start to pour out my soul isn't about fear or worry and told all the battle I have been going through as explained above but I had such a peace whilst we converse.

#### Case 4

On Wednesday the 22 of September 2021 the God of peace gave me a peaceful day, He delivered me from 21 battles the toughest part. The battle is still there but is very light and weak, when it comes I sing to bash it away and still listen the sermon "LOVE WITHOUT AN IF" Praise God for His mercy endures forever through our LORD Jesus Christ.

This is just a few examples of my experience I have given you to encourage you, you can do it to, why don't you start now whilst our probation is fast ending to be prepared to receive the Latter Rain to take out the Laud Cry to prepare the world before Our LORD and Master Saviour come to take us home to rest.

I would like to hear your feedback with incredible experience.

**GOD PEACE TO YOU**